Middlesex Community College
Asian Studies Development Program presents

Daoism & Chinese Culture

December 2, 2011
MCC Federal Building Assembly Room
50 Kearney Square, Lowell, MA

ABOUT THE SPEAKER:

Dr. Livia Kohn is Professor Emerita of Religion and East Asian Studies at Boston University. A graduate of Bonn University, Germany, she is a world renowned scholar on Daoism and Chinese long-life practices. An author of more than 25 books and numerous articles, she is expert in taiji quan, qigong, meditation, yoga, and other cultivation methods. Dr. Kohn teaches workshops all over the world, runs international conferences on Daoist studies, and is executive editor at Three Pines Press and of the Journal of Daoist Studies.

WORKSHOP SCHEDULE:

9 a.m. – 10:15 a.m. Daoism: Forms, History and Present
10:15 – 10:30 a.m. Break
10:30 – 11:45 a.m. Women in Daoism: Past and Present
11:45 a.m. – 1 p.m. Light Lunch
1 – 2:15 p.m. The Daoist Body: Encountering the Cosmos Within
2:15 – 2:30 p.m. Break
2:30 – 3:10 p.m. Daoist Practice: Diet
3:10 – 3:45 p.m. Daoist Practice: Yoga and Qigong

To reserve a space at this FREE event, contact Dona Cady, MCC Associate Dean of Humanities and Asian Studies, at 781 280 3721 or cadyd@middlesex.mass.edu. Visit our website at www.middlesex.mass.edu/ASDP.

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