



## Liberal Arts and Sciences – Psychology Concentration Associate in Arts

**START here**

1

SEMESTER 1 – FALL	CREDITS	MILESTONE	COMPLETED
PSY 101 – Introduction to Psychology	3		<input type="checkbox"/>
ENG 101 – English Composition I	3		<input type="checkbox"/>
History Sequence Course 1	3		<input type="checkbox"/>
Math or Science Elective**	3-4		<input type="checkbox"/>
Humanities	3		<input type="checkbox"/>
IDS 101 – General Education Seminar: First Year Experience	1		<input type="checkbox"/>
<b>TOTAL CREDITS</b>		<b>16-17</b>	

2

SEMESTER 2 – SPRING	CREDITS	MILESTONE	COMPLETED
History Sequence Course 2***	3		<input type="checkbox"/>
SOC 101 – Introduction to Sociology	3		<input type="checkbox"/>
Psychology Elective: Group 1****	3		<input type="checkbox"/>
Lab Science Elective**	4		<input type="checkbox"/>
ENG 102 – English Composition II: Introduction to Literature	3		<input type="checkbox"/>
<b>TOTAL CREDITS</b>		<b>16</b>	

3

SEMESTER 3 – FALL	CREDITS	MILESTONE	COMPLETED
Math or Lab Science Elective	3-4		<input type="checkbox"/>
Any IDS General Education Seminar	1		<input type="checkbox"/>
Any IDS General Education Seminar	1		<input type="checkbox"/>
Psychology Elective: Group 1****	3		<input type="checkbox"/>
Psychology Elective: Group 1 or 2****	3		<input type="checkbox"/>
Humanities Elective	3		<input type="checkbox"/>
<b>TOTAL CREDITS</b>		<b>14-15</b>	

4

SEMESTER 4 – SPRING	CREDITS	MILESTONE	COMPLETED
PSY 138 – Research Methods in Behavioral Sciences	3		<input type="checkbox"/>
Psychology Elective: Group 1 or 2****	3		<input type="checkbox"/>
Literature Elective	3		<input type="checkbox"/>
Humanities Elective	3		<input type="checkbox"/>
MAT 177 – Statistics	3		<input type="checkbox"/>
<b>TOTAL CREDITS</b>		<b>15</b>	

**You've FINISHED!**



### Milestone Courses

should be taken in the order shown. This will help you stay on track and graduate on time.

### Helpful Hints

\*Recommend MAT 120 – Math Modeling.

\*\*Recommend BIO 131 & BIO 231 for Lab Science.

\*\*\*Students must complete two semesters of U.S. History (HST 121 and 122) or History of World Civilization (HST 130 and 131)

\*\*\*\*Students will take four psychology electives. At least two will be from the following Group 1: PSY 120 – Child Psychology; PSY 121 – Adolescent Psychology; PSY 150 – Abnormal Psychology; PSY 151 – Psychology of Personality; PSY 166 – Brain, Mind, and Behavior; PSY 171 – Social Psychology.

The remaining two electives may be taken from any of the options in the previous list or from the following Group 2: PSY 108 – Creative Thinking; PSY 122 – Child, Growth and Development; PSY 123 – Developmental Disabilities; PSY 127 – Human Sexuality; PSY 135 – Windows on the World; PSY 153 – Community Psychology; PSY 155 – Positive Psychology; PSY 160 – Dynamics of Interpersonal Relations; PSY 162 – Alcohol and Substance Abuse; PSY 292 – Asian Literature & Social Psychology – Honors; HUS 101 – Introduction to Human Services; HUS 152 – Current Issues in Human Services.

### General Advising Note

A service learning experience is encouraged at some point in the program and can be an option in many of our courses. Students are encouraged to do this as early in their program as possible through the in-course option, one-credit (IDS 102), or international service experience.

To learn more, call us at 1-800-818-3434 or visit [www.middlesex.mass.edu](http://www.middlesex.mass.edu)