

## Good Questions to promote Metacognition

Planning	Monitoring	Evaluating
<ul style="list-style-type: none"> <li>• What is my goal, or the instructor's goal in having me do this task?</li> <li>• What are all the things I need to do to successfully accomplish this task?</li> <li>• What resources do I need to complete the task? How will I make sure I have them?</li> <li>• How much time do I need to complete the task?</li> <li>• If I have done something like this before, how could I do a better job this time?</li> </ul>	<ul style="list-style-type: none"> <li>• What strategies am I using that are working well or not working well to help me learn?</li> <li>• What other resources could I be using to complete this task? What action should I take to get these?</li> <li>• What is most challenging for me about this task? Most confusing?</li> <li>• What could I do differently to address these challenges and confusions?</li> <li>• Should I ask for help?</li> <li>• Am I understanding this well enough to explain it to someone else?</li> <li>• Could I apply this in a different context?</li> </ul>	<ul style="list-style-type: none"> <li>• To what extent did I successfully accomplish the goals of the task?</li> <li>• Why did I get this answer wrong?</li> <li>• To what extent did I use resources available to me?</li> <li>• If I were the instructor, what would I identify as strengths of my work and flaws in my work?</li> <li>• What will I do differently next time? What should I remember to do the same way?</li> <li>• How can I do better next time?</li> </ul>

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