



Welcome & Orientation Activities 2009

Put Your Best Foot Forward!

These activities are a sampling of events planned for January and February. See the Student Activities Calendar for more details and other upcoming events. If you have questions or need assistance, call MCC's Student Life Office at 781-280-3762.

"Ask Me" Information Booths

Tuesday & Wednesday, Jan. 20 & 21 •
8:30 a.m. – noon & 5 – 6:15 p.m.

Thursday & Monday, Jan. 22 & 26 • 5 – 6:15 p.m.

Lowell Campus City Building, Lobby
Bedford Campus Center, Main Street

Do you have a question that needs answering? Are you unsure of the location of a class? Do you need a parking form? Stop by the "Ask Me Booth" and someone will be able to help you find answers to your questions.

Inauguration Viewing

Tuesday, Jan. 20 • Noon

Lowell Campus City Building, Upper Café
Bedford Campus Center, Main Street

Join the college community in viewing the historical inauguration of the 44th President of the United States, Barack Obama.

Lowell Student Lounge Open House

Thursday, Jan. 22 • 9 a.m. – noon

Lowell Campus City Building, Room G08

Come by the Student Lounge to meet the staff, get a student ID, make new friends and see what the lounge has to offer. This is a place for students to watch TV, play pingpong and hang out.

International Student Orientation

Monday, Jan. 26 • 12:30 – 1:45 p.m.

Lowell Campus City Building, Room 302

New and returning international students are invited to join the International and Multicultural Office staff to learn about the latest INS regulations, discuss cultural differences and answer any questions. Come meet other international students!

Habitat For Humanity Alternative Spring Break Information Session

Monday, Jan. 26 • 12:30 – 1:45 p.m.

Lowell Campus Federal Building, Courtroom, Room 310
Bedford Campus Trustees' House, Galvani Room

How would you like to spend Spring Break with other MCC students? Come and learn how to make new friends while volunteering for Habitat for Humanity for three days during Spring Break.

Fitness Center Open House

Monday, Jan. 26 • 12:30 – 1:45 p.m.

Bedford Campus Center

We offer free weights, personal training, cardiovascular equipment, fitness classes, intramural sports and much more. Stop by to register, receive more information and get free giveaways and healthy snacks.

Student Club and College Resource Fair

Wednesday, Jan. 28 • 10 a.m. – noon

Lowell Campus City Building, Upper Café

Bedford Campus Center, Cafeteria

Want to get involved? Do you want to connect with other students with similar interests? Are you just looking for information? Stop by the Student Club and Resource Fair to learn how you can get involved in more than 25 different student groups. Find out about tutoring, support services and Service-Learning opportunities, as well as other resources that are available at MCC!

Returning Adult Students Welcome Luncheon

Wednesday, Jan. 28 • 12:30 p.m.

Lowell Campus City Building, Room 302

Thursday, Jan. 29 • Noon

Bedford Campus Center, Room 217

Getting back into school after spending time away? You are not alone! Come and meet other new Returning Adult Students for lunch and learn strategies for getting off to a great start this academic year.

Conversations with a Career Counselor

Monday Feb. 2 • 12:30 – 1:45 p.m.

Bedford Campus Library, Alcott Room

Lowell Campus Federal Building, Kerouac Room

Do you wonder what your major should be? Are you confused about a career direction? Career Services invites you to an informal conversation to discuss the choice of an academic major or career. Find out the steps in the career decision-making process.



Welcome & Orientation Activities 2009

Put Your Best Foot Forward!

Coffee Break

Tuesday, Feb. 3 • 9 – 11 a.m.

Lowell Campus City Building, Multicultural Center, Room G05

The Multicultural Center is sponsoring a coffee break for students. Come by to enjoy a snack between classes and to find out more about our clubs, programs and other resources.

Dance Dance Revolution

Wednesday, Feb. 4 • 10 a.m. – noon

Lowell Campus City Building, Upper Café

Show off your DDR dance skills at this free event! Who's got talent? BRING IT!

Immersion Dome

Monday, Feb. 9 • 8 a.m. – 2 p.m.

Bedford Campus Center, Café East

Middlesex Activities Crew (MAC) brings the **Planetarium Dome Theater**, a 3-D theater, to you! There will be a variety of shows playing in Café East. Feel free to come to every show.

Student Union Government Association Elections (SUGA)

Tuesday & Wednesday, Feb. 10 & 11 • 9 a.m. – 1 p.m.

Tuesday Evening Hours: 5 – 6:15 p.m.

Lowell Campus City Building Lobby

Bedford Campus Center, Main Street

Have an impact on important issues affecting the student body. Run for a seat on student government. Information and nomination forms are available in the Student Activities Offices on both campuses. If you don't want to run for office, make sure to vote for who is going to represent your voice!

Lasertag Adventure

Thursday, Feb. 12 • 3:30 – 6:30 p.m.

Bus departs Bedford Campus at 3:30 p.m.

Join us for a trip to LaserQuest in Danvers: \$10 gets you a free ride, some snacks, and two games of Lasertag. To learn more, contact Jonathan Crockett at 781-280-3785. Sponsored by MCC's Fitness and Recreation Department.

Leading with Integrity: Junior Leaders Program Workshop

Wednesday, Feb. 18

5:30 p.m. Dinner and Workshop

Bedford Campus Trustees' House, Alumni Room

Life often presents us with tough choices. How do leaders choose between right and wrong? Learn how to approach ethical dilemmas and keep your character in tact. Join other MCC student leaders at this monthly Junior Leaders Program Series. To participate, RSVP before 2/11/09 by calling 781-280-3762.

One World Series: 'Solving Immigration'

Thursday, Feb. 19 • Noon – 1:45 p.m.

Lowell Campus Federal Building, Assembly Room

This program features the college's 2008-2009 Global Awareness Project on Immigration. Guest speaker Mike Shiley will show a film, lead a discussion and offer solutions to the country's immigration crisis.

Hard Rock Café & Shear Madness Show

Thursday, Feb. 19 • Transportation will be provided

Lowell Campus: pick-up 3:45 p.m.

Bedford Campus: pick-up 4 p.m.

Enjoy a 5:15 p.m. dinner at the Hard Rock Café and an 8 p.m. Shear Madness show. Ticket cost: \$20. Tickets are limited and must be purchased in advance in Student Activities Offices (City Building, Room 407 or Bedford Campus Center, Room 201).

Wellness Expo

Wednesday, Feb. 25 • 10 a.m. – 1:30 p.m.

Bedford Campus Center, Cafeteria

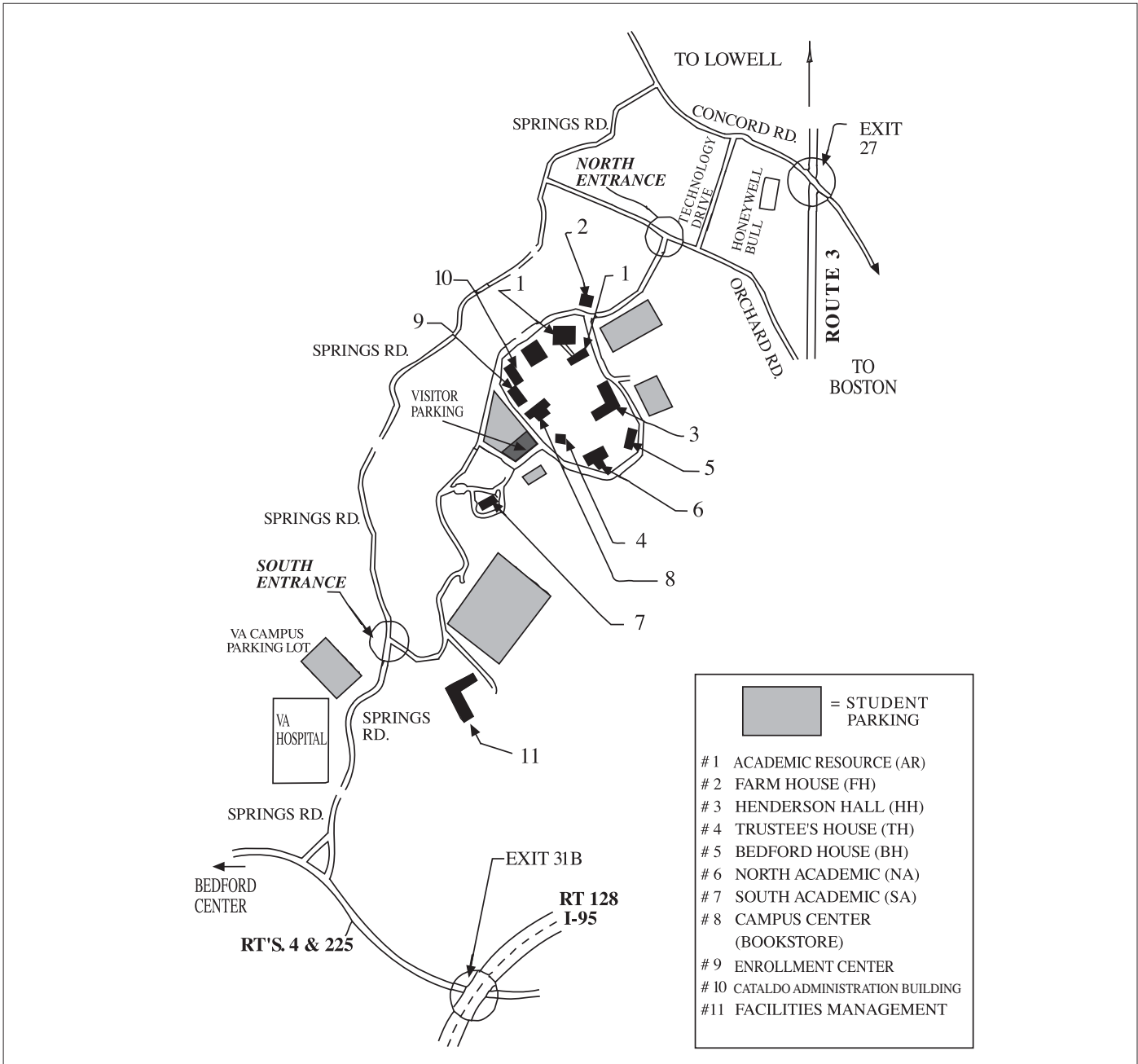
Lowell Campus City Building, Cafeteria

Visit a wide variety of campus and community organizations providing health-related services, samples and information – all **free** for MCC students, faculty and staff. With more than 30 booths/vendors, highlights will include a variety of food samples, free massage, karate and hula hoop demonstrations, alternative medicine and a variety of health-related screenings.

**To learn more, call MCC's
Student Life Office at 781-280-3762.**

Welcome & Orientation Activities 2009
Put Your Best Foot Forward!

Bedford Campus Map

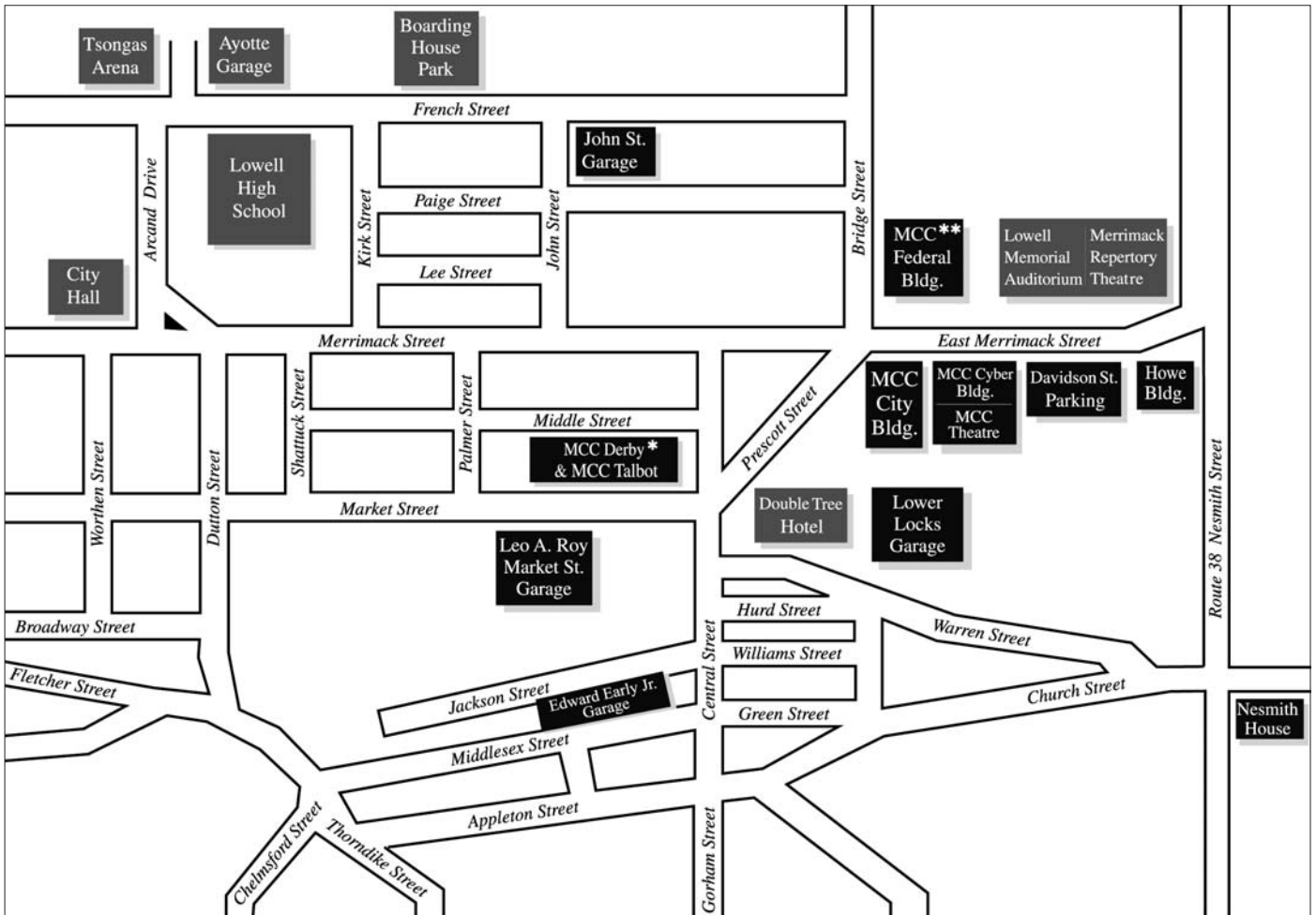




Welcome & Orientation Activities 2009

Put Your Best Foot Forward!

Lowell Campus Map



Campus Codes

LOWELL CAMPUS

- CL Cyber Building
- LC City Building
- LD Derby Building
- LF Federal Building
- LH Howe Building
- LT Talbot Building
- * New bookstore location
- **MCC Library